

Events Happening in January, 2021, thru the next few months -  
~ **FREE** and nearly free ~

make sure you check out our website .. Vice Queen Sassy Sandi has been working very hard to update the site ..

**[www.redhotmamasofmaui.com](http://www.redhotmamasofmaui.com)**

AARP is offering many upcoming webinars .. all **FREE** .. go to: [aarp.org/hi](http://aarp.org/hi) and check out the upcoming events .. cooking demonstrations .. movies for grownups ... trivia games .. are among the fun things to check out ..

o Every Tuesday and Thursday - at the Kukui Mall in Kihei (in the back) from 4:00 p.m. to 7:00 p.m. .. a Farmers Market .. great local produce !!

o Every Saturday evening - 7:30 p.m. .. check out the MACC (Maui Arts & Cultural Center) Facebook page and You Tube .. live streaming of awesome musicians .. direct from the MACC stage ! .. it's **FREE** !!

o the first Thursday of every month at "Sunset Market at Wailea Village" from 4:00 p.m. to 7:00 p.m. .. **FREE** event .. a farmers market with made in Maui products .. this venue is next to the Wailea Blue golf course ..

o are you wondering what is going on during this pandemic .. and need to find out the latest 'scoops' when you hear a siren .. google: Maui 24/7 .. and then go to: "Posts" .. they have the most up-to-date information on the island !!

o looking for something to do on your computer during the virus ? ... go to:

**"The Crazy Coupon Lady"**

check out this website .. there are amazing coupon values .. you can spend hours checking this out ! .. enjoy !

o if you are tired of 'sitting' at home .. you can either 'google' "kupuna in motion" or go to: youtube and look up: "kupuna in motion" .. (this is sponsored by the Maui County Office on Aging) .. lots and lots of exercise programs .. for sitting and standing .. and .. also .. check out Akaku .. channels 53, 54 and 55 .. there will be exercise programs for you to watch .. all of this is **FREE** !!

o do you have some extra **FREE** time ? if so .. "Project Vision" is looking for volunteers to go into schools to assist with their mission to check the vision of all students .. and to provide glasses-if necessary .. this vision check for the students - and glasses - is a **FREE** service to the community ! for more information .. contact: [ashley@projectvisionhawaii.org](mailto:ashley@projectvisionhawaii.org) ...

o the movie theaters at the Kukui Mall are now open ! .. the theater is called .. "Regency Kihei Cinemas" .. phone number .. 891 1043 .. did you know that every Wednesday and Saturday the theater offers "Indie Film Days" - a special selection of critically acclaimed independent films .. and IF you go before 4:00 p.m. .. the bargain matinee cost is \$10 !! such a deal ! check out the movies at: [regencymovies.com](http://regencymovies.com)

\*\*\* Please note that many of these events are cancelled for the time being...will keep you updated as we know more ..

o The County of Maui - Kaunoa Senior Services - offers **FREE** meetings for seniors .. meetings always have guest speakers, games, fun and a nutritious lunch is served for \$2.00 !! .. meetings and dates are located at:

- o Kihei Center at Kihei Community Center - 879 8966  
every Tuesday and Friday - 8:30 a.m. to 11:30 a.m.

- o West Maui Senior Center - 788 Pauoa Street - Lahaina  
every Monday, Wednesday and Friday - 270 4310  
8:30 a.m. to 11:30 a.m.
  
- o Kahului Union Church Center - 101 W. Kamehameha Avenue  
Tuesday and Thursday - 8:30 a.m. to 11:30 a.m.  
270 6150
  
- o Wailuku Community Center - 395 Waena Street - 270 6146  
Monday and Wednesday - 8:30 a.m. to 11:30 a.m.
  
  
- o every Friday from 11:30 a.m. to 1:00 p.m. .. Queen Kaahumanu Center - Food Court .. music and lucky number drawing at 1:00 p.m. ! .. **FREE** !  
... come in and enjoy the local kine food and entertainment ! ..
  
  
- o every Sunday .. from 9:00 a.m. to 4:00 p.m. .. "Maui Made Sundays"  
at the Queen Kaahumanu Center .. **FREE** .. island-style shopping and entertainment !..
  
  
- o every Sunday - at 1:00 p.m. at Keolahou Church (the little green church on South Kihei Road - near the Kihei Youth Center) - 177 South Kihei Road .. celebrates hula...all ladies are invited to attend .. no experience necessary ! .. every month you will learn a new hula ! .. you are welcome to come and learn ! **FREE** to everyone !
  
  
- o 4:00 p.m. - Every Tuesday at Pono Life Maui - located at 415 Dairy Road in Kahului .. discussion regarding "Cannabis Conversations" .. **FREE** !  
(across the street from the K\*Mart Building) .. to get more information .. call .. 489 9454 ...

o you can visit the 8th floor of the County Building "Kalana O Maui" (200 S. High Street) in Wailuku .. they have a **FREE** exhibit in the 8th floor lobby .. the building is open Monday thru Friday from 7:45 a.m. to 4:30 p.m. .. this exhibit shows lots of history of the County of Maui .. featuring many pictures of 'old Maui' .. there is even a picture of the County Building under construction!

o you can visit the 9th floor of the County Building "Kalana O Maui" (200 S. High Street) in Wailuku .. they have a **FREE** exhibit of pictures of all of the Mayors and Managing Directors .. the building is open Monday thru Friday from 7:45 a.m. to 4:30 p.m.

o every month - third Thursday - in Wailuku - "Picnic for Poki" - on the grounds of the Historic Kaahumanu Church - (under the monkeypod tree) 103 High Street - Wailuku - across from the County Building .. **FREE** ! .. music is from 11:00 a.m. to 12:30 p.m. .. be sure to bring your lunch and enjoy a cup of coffee and fresh-baked cookies from Roselani Place .. be sure to bring a chair/blanket and enjoy the music !

\*\*\* Please note that many of these events are cancelled for now .. but will keep you updated as they open up ...

o Friday, January 1 - "First Friday" in Wailuku - starts at 6:00 p.m. along Market Street .. **FREE** !

o Thursday, January 14 - Maui Health Community Health Fair - Diabetes Awareness - 4:00 p.m. to 7:00 p.m. .. **FREE** .. Maui Memorial Medical Center..

o Friday, January 8 - "Second Friday" in Lahaina - starts at 6:00 p.m. .. along Front Street .. **FREE** !

- o Friday, January 15 - Third Friday in Makawao - **FREE** event - to be held at the Eddie Tam Memorial Park - 6:00 p.m. to 9:00 p.m. ..
  
- o Friday, January 22 - "Fourth Friday" in Kihei .. starting at 6:00 p.m. in the Azeka Mauka parking lot .. lots great entertainment .. awesome food trucks and lots of hand-made goodies .. **FREE**
  
- o Wednesday, January 27 - monthly meeting - "Vision Impairment and Blindness Education and Peer Support Group" (VIBES) - 1:00 p.m. to 2:30 p.m. - at Ohana Health Plan Meeting Room - 285 W. Kaahumanu Avenue - Suite 101-B .. (two story building next to Macy's) .. **FREE** ! for more information .. contact Kathleen Kenney - Independent Living Specialist for Maui - phone number: 866 - 4690 ..
  
- o Thursday, January 28 - (this will be a VIRTUAL meeting) .. Alzheimer's Association Aloha Chapter & University of Hawaii Manoa Extension Present the "2020 Brain Health Lunch Time Series" - at the Community Services Building, UH Maui College Campus - starting at 12:00 noon to 1:00 p.m. .. bring your own lunch .. **FREE** !! .. January topic is: "Brain Health: \_\_\_\_\_" .. to register: Heather Greenwood-Junkermeier - 269.7396 - [heather8@hawaii.edu](mailto:heather8@hawaii.edu) ...
  
- o Friday, January 29 - "Fifth Friday" on the island of Lanai .. for further information call ..
  
- o Saturday, April 3 thru Friday, April 30 - Malama Maui Nui presents the annual "Art of Trash" - .. virtual fashion show and art gallery .. go to: [MalamaMauiNui.org/ArtofTrash](http://MalamaMauiNui.org/ArtofTrash) ...

- o Friday, May 14 - Maui Classical Music Festival - Makawao Union Church - 7:00 p.m. .. seven world class musicians .. for more information call: 298 1862 ..
- o Monday, May 17 - Maui Classical Music Festival - Keawala`i Congregational Church - Makena - 7:00 p.m. .. seven world class musicians .. for more information .. call: 298 1862 ..
- o Wednesday, May 19 - Maui Classical Music Festival - Wananalua Congregational Church - Hana - 6:00 p.m. - seven world class musicians .. for more information .. call: 298 1862 ..
- o Friday, May 21 - Maui Classical Music Festival - Keawala`i Congregational Church - Makena - 7:00 p.m. .. seven world class musicians .. for more information .. call: 298 1862 ..
- o Saturday, June 5 - Maui County Farm Bureau - Annual Ag Fest & 4H Livestock Fair - War Memorial Complex .. FREE .. more details forthcoming..
- o September, 2021 -
  - Friday, Saturday, Sunday, September 16, 17, 18, 19
  - red hat convention - with western theme -
  - Kalispell, Montana
  - Rhonda Young - 406 250 3473
  - Post Office Box 2242 - Kalispell, MT 59903
  - [sassafras222@hotmail.com](mailto:sassafras222@hotmail.com)

**"Free Stuff" around the Island**

**"Hats Up"**

o Every Saturday at the Maui Nui Botanical Gardens - located at 150 Kanaloa Avenue in Kahului - **FREE** admission ! .. the Gardens open at 8:00 a.m. - until 4:00 p.m. .. check it out .. a great display of native plants .. for more information .. call: 249 2798 ..

o The first Saturday of every month .. the Kealia Pond National Wildlife Refuge offers **FREE** tours of the pond and all the 'critters' in the nationally recognized migratory pond .. starting at 9:00 a.m. at the Visitor Center .. for more information..call..875 1582 ..

o Every second Saturday afternoon - **FREE** movie at the Nisei Veterans Memorial Center - doors open at 1:00 p.m. - located at 655 Kahului Beach Road - Kahului .. reservations requested .. call 244 6862 to reserve your seat ..

o The first Sunday of every month at Queen Kaahumanu Center .. there is a 'Made in Maui Art and Craft fair' .. **FREE** ! .. starts at 9:00 a.m. and ends at 4:00 p.m.

o The first Sunday of every month - "Jazz Maui presents First Sunday Jazz Concert" - 11:00 a.m. to 12:00 noon - Queen Kaahumanu Center - center stage .. **FREE** !

o Every Monday night at Moose McGillicuddy's in Kihei (next to Fred's) .. there is **FREE bingo** .. starting at 7:30 p.m. .. get there early .. as happy hour is pau at 7:00 p.m. .. can win lots of goodies ! ..

\*\*\* Some of these events MAY be cancelled for now .. IF you are planning to attend .. please be sure to make a phone call to see if the event is still happening ..

o Every Sunday afternoon .. "Maui Sunday Market" .. at the Old Kahului Shopping Center .. on Kaahamanu Avenue (next to Burger King) .. 4:00 p.m. to 8:00 p.m. .. **FREE** .. entertainment, food trucks, craftors, vendors .. great fun for the entire family ! ..

o "Tuesdays at the Pond" - Kealia Pond National Wildlife Refuge .. every Tuesday from October thru March..there will be a **FREE** guided bird walk tour - starting at 9:00 a.m. .. bring binoculars, water & good walking shoes! for more information .. call .. 875 1582 .. this event takes place at the Kealia Pond Visitor Center - Milepost 6 - Mokulele Highway .. if you are planning to attend .. call first to make sure the tour is happening .. bird walks MAY be cancelled if the water is too high in the Pond ..

o Every Monday, Wednesday and Friday .. 11:15 a.m. to 12:15 p.m. - Enhance Fitness at the Maui Powerhouse Gym in Kihei .. **FREE** !! a requested monthly donation of \$20 is appreciated .. not necessary .. just helps to keep the program going ..

o Every Monday, Wednesday and Friday .. 12:30 p.m. to 1:30 p.m. - Enhance Fitness at the Maui Powerhouse Gym in Kihei .. **FREE** !! a requested monthly donation of \$20 is appreciated .. not necessary .. just helps to keep the program going ..

o Every Monday, Wednesday and Friday .. 3:00 p.m. to 4:00 p.m. - Enhance Fitness .. Kalama Heights - Garden Room - **FREE** !! a requested monthly donation of \$20 is appreciated .. not necessary .. just helps to keep the program going ..



\*\*\* Some of these events MAY be cancelled .. before attending .. please make a phone call to see if the event is still happening ..

o Every Tuesday, Wednesday and Friday .. 9:30 a.m. to 10:30 a.m. - Enhance Fitness .. Hale Mahaolu Ehiku - Kihei (next to Hope Chapel) .. **FREE** !! a requested monthly donation of \$20 is appreciated .. not necessary .. just helps to keep the program going ..

o Every Tuesday and Thursday at the Queen Kaahumanu Center - join in the fun of the "Heart and Sole Walking Club" ... starts at 10:00 a.m. until 1:00 p.m. .. it's **FREE** .. if you register..you can win prizes for the highest number of laps ..

o Every Tuesday, Wednesday and Friday - Maui Fresh Farmers Market at the Queen Kaahumanu Center .. from 8:00 a.m. to 4:00 p.m. .. lots of local grown vegetables ..

o Every Wednesday at 9:00 a.m. .. the Andaz Hotel in Wailea presents a **FREE** walking tour of their beautiful gardens .. no reservations necessary .. just show up .. the tour lasts about one or more hours ..

o Second Wednesday of each month from 5:00 p.m. to 6:00 p.m. at Maui Memorial Medical Center .. Nutrition Education Room (inside the Cafeteria) .. there is a "Diabetes Education Support Group" .. for more information, call: 442 5773 .. Ms. Jolly Uclaray is the Diabetes Coordinator .. **FREE** ! they provide education, skills and other resources to diabetes patients and their families ! ..

o Every Thursday at the Queen Kaahumanu Center - 10:00 a.m. to 11:00 a.m. join in the fun of Tai Chi .. it's **FREE** !

\*\*\* Some of the events MAY be cancelled .. before you attend .. please make sure to make a phone call prior to attending ..

o Every Thursday night .. at Keolahou Church (the little green church in Kihei next to the Kihei Youth Center) .. bring your ukulele .. and your voice .. strum and sing-a-long (the music is provided) .. **FREE** !!..starts at 6:45 p.m. .. until 8:00 p.m. .. no experience required !

o Last Thursday of every month - "Hawaiian Music Concert Series" at the Baldwin Home Museum - Lahaina .. corner of Dickinson and Front Streets - 6:00 p.m. to 7:30 p.m. .. **FREE** !

o Every Friday night at Queen Kaahumanu Center - from 5:00 p.m. to 9:00 p.m. .. Maui community non-profit organizations are invited to educate, outreach and fundraise .. **FREE** !

o Every third Friday of the month .. Kama`aina Nights at the Queen Kaahumanu Center .. **FREE** ! .. `a locally grown Hawaiian concert series for the entire ohana with Sista Val ! ..

o Every Sunday - in Kahului - at the Kahului Shopping Center - "Maui Sunday Market Night" from 4:00 p.m. to 8:00 p.m. .. **FREE** admission and entertainment .. vendors .. purchase local-made products .. food trucks .. lots of fun !! (location .. next to Burger King on Kaahumanu Avenue) ..

o Caregiver Support Group - Kihei - sponsored by Maui Adult Day Care Centers .. every FOURTH Monday of every month .. 4:30 p.m. .. at the South Maui Adult Day Care Center at 16 Ehiku Street (next to Hope Chapel) .. **FREE** !

o Pacific Cancer Foundation offers many FREE events .. to get the latest program information and news .. go to:

[www.pacificcancerfoundation.org/connect](http://www.pacificcancerfoundation.org/connect) ..

**Events Happening at The Shops At Wailea**  
**~ Parking Validation Available ~**

\*\*\*\* ALL events at The Shops At Wailea have been CANCELLED for the time being .. we will keep you updated on any changes ..

o First Wednesday of every month .. at The Shops At Wailea .. "ARTwalk at the Shops" .. 6:00 p.m. to 8:00 p.m. art and entertainment that promotes local visual art and artists .. food tastings are also available ! .. parking validation available ..

o Second and Fourth Wednesday of each month .. at The Shops At Wailea .. from 4:00 p.m. to 6:00 p.m. .. ground floor - "Market At The Shops" .. locally grown produce available along with speciality food items .. parking validation available ! .. four hour validation for \$5 ..

o Every First Wednesday .. at The Shops At Wailea .. 5:30 p.m. to 7:00 p.m. .. "Jazz at the Shops" .. four-hour parking validation available for \$5 ..

Wednesday, January \_\_\_\_\_ ..

entertainment will be: CANCELLED for now ..

o Every Third Wednesday .. at The Shops At Wailea .. 5:30 p.m. to 7:00 p.m. .. Hawaiian concert series entitled: "Concerts At The Shops" .. four-hour parking validation available for \$5 ..

Wednesday, January \_\_\_\_\_ ..  
entertainment will be: CANCELLED for now ..

CANCELLED for now ...

o Every Friday .. The Shops At Wailea .. pau hana musical entertainment .. 4:00 p.m. to 6:00 p.m. .. your parking ticket will be validated at the cost of \$5 .. for four hours ..

### **DID YOU KNOW ?**

o pepper spray is available on Maui !! .. if you are interested .. call: Maui Ammo and Gun - 244 1626 .. they are located at 851 Eha Street in the Wailuku Industrial Park .. cost starts about \$13 ..

o the State of Hawaii has a 'Slow Down - Move Over' law .. when you see a flashing blue light (police car), emergency responders or tow truck on the side of the road .. you MUST move over one lane .. NO EXCEPTIONS !

o if you want to know how much your prescription costs .. go to: [goodrx.com](http://goodrx.com) .. type in the name of your 'drug' .. this website will help you save lots of money on your prescription and will give you 'coupons' to use .. and will give you the name of a local pharmacy !!

o You can ride the "Maui Bus" for \$1.00 (one way...one time) .. if you show your 'Medicare' card .. and if you want a one-day pass to ride anywhere the "Maui Bus" goes .. it is \$4.00 !! .. such a deal !!

o Hawaii residents can now request social security and medicare card replacements online .. for more information about this new online service, go to: <https://www.ssa.gov/myaccount/replacement-card.html>

o Do you have unused medications and don't know what to do with them? fyi .. Long's Drugs / CVS has stepped up and their stores offer **FREE** collection sites .. in Kahului .. in South Maui .. and Lahaina ..

o There is a **FREE** dental clinic at UH-MC .. (they are located in the Noi'i Building on campus) .. call .. 984 3772 for an appointment .. there is always a dentist on duty to assist the hygienists .. the Clinic is open ..

1:00 p.m. to 5:00 p.m. - Tuesdays

8:30 a.m. to 12:00 noon - Wednesdays

1:00 p.m. to 5:00 p.m. - Wednesdays

5:30 p.m. to 8:30 p.m. - Thursdays

you will receive a **FREE** cleaning and a **FREE** set of x-rays ! .. they have twelve (12) chairs to assist their patients ! .. they are always looking for patients to work on ! .. give them a call if you need dental help !

o The County of Maui - Water Department is offering - to those who live in a single-family home - a **FREE** 'ultra-high efficiency toilet replacement program .. go to the County of Maui - Water Department website and check this out ! .. go to: 'Toilet Replacement Program - Online Application' ..

o The County of Maui - Water Department offers low flow .. 'shower heads' .. 'bathroom aerator' .. kitchen areator' .. 'hose nozzle' .. 'toilet tank bag' .. just go to the County of Maui - Water Department website .. then go to: "Low-Flow Fixture Data Form" .. their office is located on the ground floor of One Main Plaza and these items are offered **FREE** from the County of Maui - Water Department .. for further information .. call: 244 8550 ..

o Are you wondering about the prescription drugs you are taking? did you know that every prescription drug that you take has a number on it.. did you know that you can go to: [drugs.com](http://drugs.com) and type in the number of the pill..and the site will tell you all about the medication .. try it out ! .. it works!

o Do you need to have 'surgery' ? did you know that you can google: [surgerycenterok.com/pricing](http://surgerycenterok.com/pricing) .. once you find the site .. there will be a body that appears .. click on the part of your body where you will be having surgery .. and you will then know the real cost of the surgery ! .. try it ! it works !

o Do you have an alarm system? Is it 'registered' with the Maui County False Alarm Reduction Program ? if not .. call .. 1 866 902 7110 .. there is a \$25 fee for two years .. (this is to prevent a charge to you IF you have a 'false alarm' at your home) !!

o UH-MC - AMT (Automotive Technology Program) offers 'synthetic' oil changes (oil lasts longer in your car), oil filter changes, other 'under the hood stuff' for your car .. charge is \$35 per hour! .. such a deal! .. must call for an appointment .. 984 3236 .. work is done on Monday and Wednesday .. Tom Hussey is the AMT Program Coordinator .. (work is done by students) ..

o UH-MC - Auto Body Shop - 984 3214 - Mr. Kelly Lai - if you need 'body work' done on your car .. give them a call .. work is done by students and they are good ! ..

o Did you know that if you need to remove a ring from your finger..try Windex on your finger ! .. the ring will come off - easily !! amazing !!

o Do you have 'restless legs' at night ? .. did you know that there is a 'holistic' method to stop this ?? what is it, you ask ? .. purchase a bar of DIAL soap (the orange one) .. unwrap it .. put the bar of Dial soap at the foot of your bed..underneath your top sheet .. your 'restless legs' will stop ! .. no kidding ! .. try it ! .. fyi .. do not ever wash the soap ! ..

o Medicare fraud .. Hawaii seniors have received their new medicare cards .. we have learned that fraud is already occurring regarding these cards .. AARP Fraud Watch Network has a toll-free number you can call .. if you need to talk to someone about medicare fraud .. their toll-free number is.. 877 908 3360..if you have a computer .. you can also visit .. [www.aarp.org](http://www.aarp.org) ... OR .. you can call Medicare .. 1 800 633 4227 ..

o MEO offers a "Low Income Home Energy Assistance Program" .. this program assists low income households and provides energy assistance or crisis payments once a year .. for either electric or gas bill payment assistance OR energy crisis intervention to those low income eligible households whose electric or gas has been or will be shut off .. for more information..contact MEO at 249 2970 ..

o MEO assists low income individuals - 60 years of age and older - who have income at or below the federal poverty level .. this program assists individuals achieve economic security through supportive services which include subsidizes for hearing aids, glasses, scooters and dental work .. for more information .. contact MEO at 249 2970 ..

o If you have lots of paper to be recycled .. Office Max offers to take care of your paper .. bring in your bankers boxes .. call Office Max at 877 9448 and ask if their bin is full .. they charge .99 cents a pound...the paper is placed in a locked box until the paper shredder company picks up the paper.

o All libraries on Maui - which are operated by the Hawaii State Public Library System - offer **FREE** events throughout the month...even movies .. with popcorn .. just check their website .. go to: [librarieshawaii.org](http://librarieshawaii.org) .. you will need to show your library card .. if you don't have one .. can get one..for **FREE** .. from any library .. the card is good for five years .. when it expires .. then you renew..for another five years !!

o If you want to know why and how so many 'homeless' are making it to Maui .. check out .. [www.squattheplanet.com](http://www.squattheplanet.com) .. it gives anyone information about all the free stuff that is available .. around the planet ! .. amazing !!

o You do not have to stand in line at the Kahului DMV (department of motor vehicle) offices any more ! .. you can now make an 'appointment' on line for your drivers' license renewal .. go to the County of Maui website... [www.co.maui.hi.us](http://www.co.maui.hi.us) .. then go to: Community .. then scroll down to: Motor Vehicle & Licensing .. then look at: DMV Wait Times .. you will then see: "Get In-Line On-Line: .. to make your appointment .. then on the day of your appointment .. go into their offices in the Maui Mall .. 'sign in' via computer .. and your number will be called ! .. this makes getting your driver's license renewal so much easier ! .. try it .. you'll like it !!

o When you receive your yearly "Notice of Registration Renewal" from the County of Maui for your automobile .. did you know that you can take the registration .. go to a local Safeway..and get your new registration renewal .. in less than two minutes ! .. there is a DMV 'kiosk' at your local Safeway! amazing !!

o IF you go and get your driver's license renewed .. make sure you do NOT travel until you get your new driver's license ! .. the DMV issues you a temporary driver's license - with an expiration date.. and TSA will give you a pat-down (and up)..and go thru ALL of your luggage .. even if you are a TSA pre-check ! .. ask the Queen if you need more details !!



o There is a prescription discount program .. the State of Hawaii is part of a national discount prescription drug program called .. "Live Healthy" .. which has been helping consumers save on their prescription medication purchases .. anyone can apply for a discount card online at [nacorx.org](http://nacorx.org) ... there are no annual limits, no extensive forms to fill out .. no waiting periods .. no age or income requirements and no medical condition restrictions .. think of the card as a prescription drug coupon .. the discount card is FREE and there is no fee to join ! .. and .. this card is good for pets !

o Apply for FREE medications .. through the "Partnership for Prescription Assistance Program" ([pparx.org](http://pparx.org)) .. qualified patients can get help .. check this out ! .. found the information thru the AARP newsletter !

o if you are planning to go to Haleakala for sunrise .. you are required to make a reservation .. to make this reservation..go to .. [www.recreation.gov](http://www.recreation.gov) .. the cost is \$1.50 per car .. you can make reservations up to 60 days before your sunrise visit .. to enter the Summit District between 3:00 a.m. and 7:00 a.m., the reservation holder must be present and show both the one-day sunrise reservation receipt and a photo ID .. the park entrance fee is separate and payable by credit card on the day of your visit ...

o If you (or a friend or relative) have issues with vision impairment and blindness .. there is an education and peer support group that meets the last Wednesday of each month .. 1:00 p.m. to 2:30 p.m. at the Ohana Health Plan Meeting Room - 285 W. Kaahumanu Avenue - Kahului - (the two-story building at the Macy's end of the parking lot of Queen Kaahumanu Center) .. meeting dates are as follows and are **FREE** !!

Wednesday, January 27

all meetings are sponsored by Aloha Independent Living Hawaii .. for more information .. call .. Kathleen at 866 4690 .. **MEETINGS CANCELLED FOR THE REST OF THE YEAR !!**

o Did you know that if you are a member of Costco .. you can receive a **FREE** hearing test ? the test lasts one hour and is given by a certified hearing specialist .. you must make a reservation ahead of time .. to make an appointment .. call .. 877 5248 ..

o Did you know that you can go to any McDonald's and get any size cup of coffee for \$1.00 .. and **FREE** refills !!

o Did you know that when you go to Wendy's and place an order for food .. you will receive a **FREE** cup for soda (and they have cherry coke)!

o Did you know that you can go to Burger King and get a cup of coffee for 89 cents ..

o Did you know that the County of Maui offers a "Maui County Emergency Alert System" .. to sign up for the Maka`ala notification service .. go to the Maui County website at .. [www.mauicounty.gov](http://www.mauicounty.gov), click on "Emergency Services" located on the left side of the website and then click on the "Maka`ala Maui County Emergency Alert System" link ..

o Maui Economic Opportunity (MEO) offers a **FREE** "red card" .. if you are sixty (60) years of age and older you qualify !! .. need to fill out a form .. you then get the `red card' .. the value of the `red card' .. you do not have to pay the tax ! .. there are many businesses on Maui who support the `red card' .. for more information .. call MEO at 249 2970 ..

\*\*\* If you are planning to go to any of these activities .. please call first to make sure they are still happening as some of these properties are closed..

o Every Wednesday - starting at 9:00 a.m. .. there is a **FREE** tour of the gardens of the Andaz Hotel in Wailea .. just show up .. the tour will last about one and one-half hours ..

o Every Wednesday - starting at 6:00 p.m. sharp - at the Fairmont-Kea Lani Hotel in Wailea .. there is a **FREE** tour of the Dale Zarrella sculptures .. the tour is guided by the world-renowned sculpture..Dale Zarrella ..

o The Grand Wailea Resort offers a tour of their gardens every Thursday at 10:00 a.m. .. it is **FREE** !! just show up and report to the concierge on the main level ! ..

o "Heritage Hall" - which is the new cultural center for the Portuguese and those from Puerto Rico - is open from 9:00 a.m. until 4:30 p.m. - Monday thru Friday .. one room is dedicated to the history of the Portuguese on Maui .. another room is dedicated to the Puerto Rican history on Maui .. Heritage Hall is located on Baldwin Avenue .. in Upper Paia .. 243 - 0065 .. **FREE** admission !!

o Nisei Veterans Memorial Center - located at "Go For Broke Place" off of Lower Kahului Beach Road - (665 Lower Beach Road) .. open daily from 12:00 noon to 4:00 p.m. .. **FREE** ! tour their education center which is dedicated to World War II history and the Japanese-American nisei (a 2nd generation Japanese-American) ... for more information .. call .. 244 6862 ..

o When you go to the movie theater at the Maui Mall (Regal Theaters) .. did you know that you can save money when you purchase a small soda and a small popcorn .. yes .. just show the snack people your AARP card and you will save \$3.00 !! .. so instead of \$11 .. you only pay \$8 .. the same cost as the movie ticket !! such a deal !!

o Did you know that at the Regal Theater in the Maui Mall .. if you are hard of hearing .. you can 'borrow' (at no cost-FREE) 3-D type glasses .. and once the movie starts .. the spoken words in the movie appear in the glasses ! .. all you do is ask about them at the ticket office .. give them your driver's license for 'security' .. and take the 3-D type glasses into the theater .. Our Queen tried them .. amazing ! .. what next ???!

o The Maui Ocean Center is now offering special Hawaiian events every single day .. they have fishnet sewing..coconut weaving .. arts and crafts .. feather lei making .. check it out ! .. small fee to enter the Maui Ocean Center .. for more information .. call 270 7000 ..

o Are you interested in going Upcountry .. for a wine tasting at Ulu-palakua followed by a tour of Kula San (Kula Hospital) .. it is over 100 years old .. and the tour would include a lunch .. the cost for lunch: \$5.50 - anyone interested in taking the lead ?? free MEO bus would be available ...

o Are you interested in a tour of the Hali`imaile Distillery in Upcountry? .. (they are across the street from the Hali`imaile General Store) .. the Distillery is open Monday thru Friday .. the Queen can arrange special pricing for a 'special Red Hat' tour .. and .. they offer 'samples' ! did you know they make .. "Pau Vodka" .. "Paniolo Whiskey" .. "Rum" and "Flavored Vodka" ..

o Are you interested in going to the Island of Lanai for a fun day of adventure? We have a friend on the Island .. her name is: Alberta deJetley..phone number is: 808 649 0808 .. we can take the Maui Bus to Lahaina .. jump on the Ferry .. and MEO can pick us up at the Harbor on the Island of Lanai..Alberta is willing to share her Island with the Red Hot Mamas of Maui !

FYI ..

You can check the legitimacy of a charity by going online:

**[www.charitywatch.org](http://www.charitywatch.org)**

Did you know that you can talk to an attorney for **FREE??**

MEO (Maui Economic Opportunity) through their Community Services Department offers this service .. you **MUST** call for an appointment (249 - 2970).. the attorney visits MEO on Fridays after 2:00 p.m. .. fyi .. they are weeks in advance .. however .. the attorney will talk to you about the following ..

o basic will      o trust      o deed

the MEO offices are located at 99 Mahalani Street in Wailuku .. (next to the Cameron Center) ..

o If .. you have a legal question that you want answered sooner and you are unable to wait to see an attorney .. did you know that you can email your question to an attorney .. for **FREE** .. thru HOP (Hawaii Online Pro-Bono) .. and you will receive a quick response .. the email address is ..

**[Hawaii.FreeLegalAnswers.org](http://Hawaii.FreeLegalAnswers.org)**

this is a new service offered to residents of the State of Hawaii .. you need to fill out a couple of questions on line...and if you qualify .. you are entitled to three (3) legal questions per year ! .. This service is offered thru the American Bar Association..however .. local Hawaii attorneys are the 'pro bono' (**free**) attorneys that are helping ..

o Did you know that if you are sixty (60) years of age or older .. you can call the Senior Legal Hotline .. located within the Legal Aid Society .. this is a **FREE** service ! .. they have an office on Maui .. located at 24 N. Church Street - Suite 401 - Wailuku .. to make an appointment .. call .. 244 3731 x 1231 .. or .. 1 888 536 0011 ..

o Do you have school supplies just lying around your house and you want to share them with our Maui public schools? .. please call .. Jill Kaiser @ 357 2998 .. she has a list of 'needs' .. and is willing to make sure they are picked up from your home and delivered to our schools ! ..

o If you are a member of AARP and you are not getting your AARP magazine and other information about happenings on Maui .. please call - toll-free .. 1 888 687 2277 ..

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